



Baroda
Rotary
District 3060



SEPTEMBER 2025 EDITION

VISHWAMITRA

BULLETIN FOR RI YEAR 2025-26

ROTARY CLUB OF BARODA



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INDEPENDENCE DAY CELEBRATION

INDEPENDENCE DAY CELEBRATION, LIVE CHARKHA DEMONSTRATION & WELLNESS TALK

On 15th August, 2025, the Rotary Club of Baroda celebrated Independence Day with great enthusiasm at Rotary Hall. Members, Anns, Rotaractors, and Inner Wheel members joined together for the flag hoisting ceremony at 9:00 AM, honouring the spirit of unity and patriotism.



Following the ceremony, we had the privilege to witness a live Charkha (Rentio) demonstration by Shri Bakul Shah, a 67-year-old Gandhian dedicated to preserving this fading art. He showcased the process of thread making and shared insights on Gandhiji's philosophy of patience, self-reliance, and simplicity.

The morning also featured an interactive wellness session by Mr. Shailesh Talati, our Swastha Suraksha Project Yoga instructor, who shared valuable tips on the importance of daily yoga, balanced nutrition, and fitness for healthy living.

The event beautifully combined national pride, cultural heritage, and wellness awareness, leaving everyone inspired.

The morning



MONTHLY TB ERADICATION PROGRAMME

On the 21st August 2025, the Rotary Club of Baroda successfully conducted its monthly Nutrition Kit Distribution, reaching out to 100 TB patients at our Navidharti health centre.

We would like to thank our President, Aayush Gandhi, Rtn. Deepak Desai, Rtn. We are grateful to Suresh Shah and Yoga Trainer Mr. Shailesh Talati for joining us for this project.

Your support and participation made a lasting impact. Thank you for being with us



IYE ORIENTATION PROGRAMME

On 30th–31st August 2025, our Inbound Orientation Program began with a warm welcome to dignitaries, IYE students, parents, Rotarians, and Rotaractors. The sessions were thoughtfully designed to guide inbound students through every aspect of their exchange journey.

They covered a wide range of topics, including making the best of their year, building bonds with host families, understanding Indian culture, religion, and civilisation, travel guidelines, safety and well-being, academic expectations, language learning, and the importance of roles, responsibilities, manners, and etiquette.



Engaging activities such as warm-up exercises and self-awareness games kept the atmosphere lively and interactive. The orientation not only provided knowledge and cultural understanding but also instilled confidence in students to embark on their exchange year in India. The two-day program set the perfect tone for a journey filled with discovery, growth, and unforgettable experiences.



SWASTHA SURAKSHA YOGA SESSIONS FOR SENIOR CITIZENS PROMOTING HEALTH, FITNESS, AND FELLOWSHIP

Led by trained instructor Shailesh Ji, the Swastha Suraksha Yoga sessions for senior citizens took place this month. The classes focus on breathing, flexibility, and mindfulness—key for a balanced, stress-free life. Besides physical benefits, they allow members to connect and support each other, strengthening Rotary camaraderie. The Rotary Club shows its commitment to community service and building a healthier, connected society. Whether experienced or new to yoga, you're invited to join and experience positive change through purposeful movement and community.

We have had less than normal participation in the last few months and so we humbly request all rotarians to spread the word and help us gain more traction with this program.

CLUB UPDATES FOR THE MONTH OF AUGUST IYE PROGRAM 2025-2026

We are delighted to share that our RYE outbound student, Ruchi Somani, daughter of Rtn. Gayatri Somani has successfully embarked on her IYE exchange program to Germany on 5th August 2025. She will be proudly representing our club and country in District 1820.

We extend our heartiest congratulations to Ruchi and her proud parents on this wonderful opportunity. Wishing her an enriching and memorable exchange experience!

At the same time, we would like to welcome our inbound student, Emile, who has arrived in Vadodara from France (District 1620) on 11th August 2025 and is currently being hosted by Rtn Gayatri.

Welcome to India Emile and wishing Ruchi a wonderful time in Germany!



ROTARACT GIVING CERTIFICATE

Heartiest Congratulations! We are immensely proud to announce that our club has been honoured with the Rotaract Giving Certificate for RY 2024–25:

With 14 clubs achieving this recognition, District 3060 proudly ranks 1st in India for the highest number of Rotaract Giving Certificates. Congratulations once again for this prestigious achievement, making District 3060 shine brighter than ever!

CLUB EXCELLENCE AWARD

We are delighted to share that, thanks to the hard work and commitment of our club members under the leadership of IPP Rtn Krunal Joshi, we have received the Club Excellence Award from Rotary International. Thank you all for your continued support and dedication. Onwards and upwards!



NEXT MEETING

Dear Members & Anns,

We are delighted to invite you to a special collaborative event organised by Shree Thasara Dashanagar Vardhij Mandal, Vadodara, in association with the Rotary Club of Baroda.

"TOGETHER WE CAN"
An evening of togetherness, inspiration, and positive energy
• Relax • Reconnect • Recharge

Organized by:
શ્રી ઠાસરા દશાનગર વર્ધિજ મંડળ, વડોદરા in collaboration with Rotary Club of Baroda

FREE ENTRY

SEP 12, 2025
Friday

07:30 PM
Onwards

**ROTARY HALL,
RACE COURSE**
Followed by Dinner

Motivational Speaker
Mr. Rajeev Maniar
Life Skill Mentor and Corporate Trainer
EXCELLENT TRAINER AWARD by
National President in 2018 for the
Program CHANGE BEGINS WITH ME

SEP 10, 2025
Registration
Last Date

Limited Seats! Only 50 registrations will be accepted on a first-come, first-served basis.

Theme: "TOGETHER WE CAN" – An evening of togetherness, inspiration & positive energy

Relax • Reconnect • Recharge

Date: Friday, 12th September 2025

Time: 7:30 PM onwards

Venue: Rotary Hall, Race Course

Motivational Speaker: Mr. Rajeev Maniar – Life Skill Mentor & Corporate Trainer (Recipient of the Excellent Trainer Award by the National President, 2018)

This promises to be an inspiring evening, blending fellowship, learning, and collaboration — an opportunity to come together as one family and strengthen our bonds.

We look forward to your enthusiastic participation with your Anns for this unique evening of fellowship and inspiration!

The meeting will be followed by Dinner. For more details, call on 8160094603.

UPCOMING PROJECTS

MARK OUR CALENDARS AND SHOW OUR SUPPORT:

Swastha Suraksha: Free yoga sessions every day at 7.00 am at Rotary Hall, guided by Mr. Shailesh Talati. More participation from members and Anns is needed — please join in!

Club Meeting: We are pleased to have Mr. Rajeev Maniar as our guest speaker, who will be sharing an inspiring motivational session on 12th September at 8.00 pm

Garba Night Celebration: Let's come together with Members, Inner Wheel members & Rotaractors for an evening of music, dance & joy on 19th September, 8:00 pm onwards

TB Kits Distribution Project is on 21st September 2025 (Sunday) at 10.00 am at Rotary Club Baroda Service Centre, Navi Dharti. Please join us to support this humble initiative.

General Meeting: Presentations from Inbound and Outbound IYE students on 26th September. at 8.00 pm.

Interact Club Installation: The date, time, and location details will be shared later. The meeting has been postponed, and the new date will be provided soon.

Kindly mark your calendars and join us for all upcoming events in large numbers. Together, let's make every project a grand success!

Details and reminders will be shared before each event. Your presence and participation make every event special!

BIRTHDAYS AND ANNIVERSARIES IN SEPTEMBER

Let's wish our fellow Rotarians this month!

Rtn. Ayan Merchant: 6th September

Rtn. Suresh Chudiwala: 15th September

BLAST FROM THE PAST!

Tapping into the RCB past, we bring back our familiar favourites! If you wish to share a story, some informative piece, brainteasers, comedies or cartoons, then feel free to share them with us at drayanmerchant@gmail.com.

Today's game is Rotary Trivia for new members:

1. Rotary International was founded in which year?

- A) 1905
- B) 1920
- C) 1945

2. What is Rotary's motto?

- A) People First
- B) Service Above Self
- C) Together We Can

3. Rotary's program for eradicating polio is called what?

- A) End Polio Now
- B) Polio Free Forever
- C) The Rotary Vaccine Project

4. Rotary International's annual meeting is called what?

- A) The Rotary Convention
- B) The Rotary Forum
- C) The Rotary Congress

5. Rotary's 4-Way Test asks members to consider how many questions?

- A) Three
- B) Four
- C) Five

6. What color is most often associated with Rotary branding?

- A) Blue and gold
- B) Red and white
- C) Green and silver

1) 1905; 2) Service Above Self; 3) End Polio Now; 4) The Rotary Convention; 5) Four; 6) Blue and gold